

Session 2 Campout!

Dear Parents and Campers,

It's time for our Session 2 campout! This amazing overnight trip, a camper favorite, will be taking place on Thursday and Friday, July 14th and July 15th. Thursday will start out like a normal camp day. We'll enjoy some fantastic camp activities, have lunch, then depart around 1:15 pm. The Campout schedule is as follows:

Thursday:

1:15 pm - 2:00 pm: All campers will depart for the overnight with their groups.

2:00 pm - 3:30 pm: Pre-K to 2nd graders visits the Tilden Steam Trains while the rest of the campers swim at Lake Anza.

4:00 pm - 5:00 pm: All campers arrive at our Bort Meadows Campsite in Anthony Chabot Park. We will be camping out under the stars at the Bort Meadow campsite in Anthony Chabot Park. Please visit <http://www.ebparcs.org/parks/anchabot.htm> for more information and a detailed map to the site. Directions are included below and available at www.adventuredaycamp.com under the applications and forms page.

5:00 pm - 9:30 pm: Camp out activities, dinner, s'mores, campfire, and lights out!

Friday:

7:30 am - 10:00 am: Wake up, have breakfast, more activities, and then head back to camp. We ask that if you are dropping or picking up your child at Bort Meadows please do not arrive before 7:30 am. Some groups are still sleeping up until this time and we always like to let sleeping campers lie. Please always remember to sign your child in and out with one of our Directors. We will arrive back at the 7 Hills campsite around 11:30 am and if you are dropping your child off at the 7 Hills site you can sign your child in at this time.

A few options for you: (1) You may pick up your child at our Bort Meadow campsite at Anthony Chabot Park just before or after the campfire. Although we definitely encourage ALL of our campers to attend the complete overnight program, we recognize that some campers (and parents too!) may not feel they are completely ready for the experience. The best time to pick up your child if you choose this option is after dinner and before our campfire which starts at around 7:45 pm. You are more than welcome to stay and enjoy the campfire experience with your child. The gate in front of the parking lot is closed but not locked so you may push it open and drive closer to the campsite. Please follow the signs that read "Parent Parking". (2) Pick up your child from our 7 Hills (975 North San Carlos Drive) campsite before 12:30 pm on Thursday and deliver them back Friday morning after 11:30 am.

Food on the Campout: Dinner and breakfast will be served on the overnight, along with delicious s'mores. Please review the food list below. If your child has allergies or other dietary restrictions please call our office and speak with Sunshine Welch or Katie Sommer before Thursday.

Dinner	Breakfast	Snacks
Spaghetti with vegetarian red sauce	Variety of low sugar cereal choices	S'mores:
Salad with a Italian dressing	Low fat milk & soy milk	Chocolate
Dinner Roll	Fruit option	Marshmallow
Lemonade	Hot Chocolate	Graham Cracker

If your child needs any medications during the campout, please complete the attached medication form and turn it in with your registration form for authorization. The medication should be delivered to the camp office no later than Wednesday morning with proper instructions.

Because of our campout, there will be some changes in our transportation schedule. There will be no bus transportation on Thursday afternoon and Friday morning. The rest of the transportation schedule will not be affected.

Please pack two separate bags for your child -- a day pack for Thursday with regular camp gear and an additional overnight bag. Swimsuits should be included in the day pack along with a plastic zip bag to store their wet suit. All overnight bags will be packed away on Thursday morning and will not be available until we arrive at the campsite.

Campers should pack their overnight bags with the following campout supplies:

PLEASE LABEL ALL ITEMS WITH YOUR CHILD'S NAME!

- Sleeping bag that is appropriate for 30 - 40 degree camping, although it is usually 50 degree or higher throughout the night.
- Flashlight
- Sweatshirt or jacket and warm pants (it can get chilly)
- Change of clothes for Friday
- Toothbrush and toothpaste
- Pajamas

Please *do not* pack the following: iPods, cell phones, tents, GameBoys, or sweets- they attract critters.

Although a dip in the pool goes a long way to giving our campers a makeover after the campout (don't tell the pool staff), they will still come home Friday afternoon, let's say less than clean. When your child returns from the overnight we always recommend checking them for any signs of ticks, irritations from bug bites, or poison oak. Although cases of ticks are rare and the mosquitoes really are not bad because it gets a little chilly at night, it is always a good idea to give your child a "once over".

If your child is not ordering lunch through camp, please pack two lunches marked L1 and L2. L2 lunches will be kept in the cool office overnight and available for Friday's lunch. You can still order a pizza lunch for Friday on the overnight registration form if you have not done so already.

We understand that for many families this is a new adventure and we are happy to answer any questions you may have leading up to the campout. Our Group Leaders will be sitting down with their groups over the next few days to explain the campout to their campers and answer any questions they may have. All of us here really look forward to this part of the program mainly because we know how much the campers enjoy it. The work for this program is in preparation so we can't stress enough how much we appreciate it when parents send their children prepared and ready for an amazing experience.

Please be advised that from 3:30 pm on Thursday until 11am on Friday we will not be directly accessible by telephone. We check our messages on Thursday at approximately 6 pm, 9:00 pm and again on Friday morning at 10:00 am. We will be checking our emails throughout the day so please email sunshine@adventuredaycamp.com for emergencies or situations that need immediate attention.

Regards,
Kevin Welch, Director
And the ADC Staff

Campout Registration

YOU DO NOT NEED TO COMPLETE THE CAMPOUT REGISTRATION PAGE IF YOU ALREADY SIGNED UP FOR THE CAMPOUT DURING YOUR ENROLLMENT PROCESS. PLEASE SEE YOUR ATTACHED STATEMENT TO CONFIRM IF YOU HAVE SIGNED UP.

Child's name: (1) _____

Child's name: (2) _____

Child's name: (3) _____

No, my child will not be attending the overnight campout and I will pick them up at 7 Hills site (975 North San Carlos Drive) by 1:00 pm on Thursday.

Campout \$40

Campout for additional siblings \$35

Picking up after dinner on Thursday \$25

Pizza lunch for Friday

 1 Slice (Circle:cheese/pep) \$4.75

 2 Slices (Circle: cheese/pep) \$7.00

*You do not need to check if you are already signed up for lunch that day.

Total: _____

Please circle method of payment:

check# _____ card on file _____ new card (MC/VISA) _____

Card Number: _____ Exp. Date: _____

Signature: _____ Date: _____

Please return to camp by Tuesday **MORNING**, July 12th.

Adventure Day Camp
CAMPOUT MEDICATION LOG

Name of Camper: _____ (Please use back of medication log if needed to document information)

Name of Medication	Dosage	Time	Special Instructions (Please be specific)	Purpose	Side Effects

This medication is for the campout only; please return Friday after the campout. Please keep this medication at ADC for emergency use during the session.

I have completed the information above to the best of my knowledge. I hereby give my permission for Adventure Day Camp to administer the stated medication to my child.

Signature of parent or guardian responsible for the child named above

Date

Additional Helpful Information:

Information Below Is To Be Completed By Adventure Day Camp Staff

Name of Medication	Date Administered	Time	Dosage	Any Side Effects After Administered	Administering Staff Signature

Medication given to ADC: _____

Medication returned to parents on: _____

Directions to Bort Meadows in Anthony Chabot Park

We find the easiest way is from CA 24 in Alameda County: Exit south CA 13 (exit 5). Drive for 4.5 miles south and exit 1C Redwood (exit 1c). Turn left onto Redwood and drive uphill about 0.5 mile, to the junction with Skyline Boulevard. Stay in the left lane, and continue straight on Redwood RD for about 4.3 miles, to the trailhead on the right side of the road. The picture of the upper parking lot and gate is below.



Remember, you can push open the gate and drive in closer to the campsite. Follow the signs for Parent Parking`. A great website for more information about Bort Meadows is <http://www.bahiker.com/eastbayhikes/bortmeadow.html>.

Once you are parked you can follow the path to the upper, right hand corner of the parking lot (with your back to Redwood Rd). It will quickly open to a field and you can't miss us. Just listen for the kids if you have any problems.