



2022 Welcome Packet: Moraga Program

We would like to WELCOME your family to Adventure Day Camp, and are thrilled that your child is joining our program to help us celebrate our 23rd summer. Camp is a special place, providing our children opportunities to grow their social, physical, and emotional selves, like no other place in the world.

The goal of our Welcome Packet is to hopefully prepare parents and campers for their summer experience at A.D.C. There is a lot to get done between now and the first day of camp, which always makes it that much sweeter once the campers come rolling in ready for fun, challenges, friendships, and laughter.

Here are a few quick and easy tips to help insure you and your child are prepared to start CAMP.

- We encourage you to have a conversation with your child about the Adventure Day Camp program. Ask them if they have any questions or concerns, what they are looking forward to, or what they might be nervous about. Talk to them about the importance of listening to their Camp Counselor and having a positive attitude about participating in the activities. Also, let them know that if they do have any concerns throughout the session they can always feel comfortable talking to their Camp Counselor, a Director, and of course YOU.
- Please send your child prepared for camp each day. Most equipment and supplies will be provided by A.D.C., but please review our “What To Bring To Camp” section to make sure your child is ready to go.
- It is extremely important that all applications, balances, medication logs, etc are completed before your session begins. Unfortunately your child will not be able to start camp unless all of your enrollment requirements have been completed. We will email you ahead of time if we are missing any items. If you haven't heard from us then you are all set.
- Please make sure any relevant health information concerning your child's experience at A.D.C. has been detailed on your child's enrollment form. That information will be given to your child's Camp Counselor prior to camp starting.
- We encourage you to reach out to us ahead of camp starting if your child has difficulty with transitions or starting a new program. We can really help and are happy to do so. We've got a lot of tricks up our sleeves!

In our eyes, there is nothing more important to our program than hiring creative, diverse, experienced, and positive staff to share the summer with your child. Your child will be assigned a Camp Counselor and 1 assistant that will guide them through their experience, creating what we hope to be a truly special bond. In addition, our Program Directors are always available for increased supervision and overall program support. You will receive an email during week one from the Program Director associated with your child's age group. We welcome your feedback at any time during the session and are happy to provide feedback on how your child is doing in camp. Just ask! Please do not hesitate to contact us with questions, comments, or concerns.

We greatly appreciate you choosing Adventure Day Camp for your child's summer camp. We can't wait to meet your child!

Warmest regards,

Kevin and Sunshine Welch

and The Adventure Day Camp Staff

What To Bring To Camp

(Besides your smiles and positive attitudes)

Backpack	Clothing	Optional
Bathing suit & towel everyday	Shorts and tshirt	Sunscreen face stick
Lunch in cooler bag	Hat	Sunglasses
REUSABLE water bottle	Tennis shoes	
Long pants for riding days	Sweatshirt for colder days	
LABELED Bike helmet	2-3 Mask (1-2 as extra)	
Snack for 2 snack breaks	Mask holder is Recommended	

It is so important that you label all items so we can safely get them back to your child.

What NOT Bring To Camp

- Pets or other animals, sports equipment or toys, card collection / Pokemon, weapons, alcohol, drugs, cell phones or video games, money, personal items like stuffies.

If Your Child Is Absent, Arriving Late, Or Being Picked Up Early

This summer we are teaming up with PikMyKid to help simplify the pick and drop off process. Complete information on how this process will work will be emailed separately. As we roll out this new system, we will ask families to also follow our traditional procedures when your child is absent, arriving late, etc.

Old School Procedures:

You may email all absences, late arrivals, or special request. Please email the appropriate contact (see page 3). If your child is going to be absent, arriving late to camp, or being picked up early it is extremely important that you notify the camp office in order for us to accurately account for all of our campers and to make the necessary arrangements. Please DO NOT give messages to the driver or counselors. The number to call for all absences, etc., is 925.937.6500. Feel free to leave absences and route changes on our machine if we are away from the office.

If arriving late or picking up early, please pull into camp and along the right sidewalk. Please call our office and a staff member will bring out your child. Please do not leave your vehicle.

Support for our Campers

Through our experience over the past 23 years, we have learned so much about our campers. We've learned that ALL kids are capable of good and the vast majority practice the positive habits that represent "good" on a consistent basis. Equally true, ALL our campers are capable of saying and doing some negative and inappropriate things at times! When they make mistakes, we should not be surprised and with very clear expectations, support them through a process that shows them that their actions have consequences. More importantly, when these mistakes happen, we must resist the urge to label a child as a "bully" or a "bad" kid... even if the frequency of their questionable behaviors happen more often than others.

Yes, we hold campers accountable when "mistakes" are made, but that means our consequences need to focus on changing behavior, rather than just punishment. We recognize that there is a fine line when conflicts occur. Your family is only in camp for a relatively short period of time and we see how hard it can be when your child's experience is being affected by another camper's actions. What we want you to know most of all is that we are here for ALL of our campers. Whether that is giving them that needed hug and TLC, or the discipline they require, we will gladly give them the support they need. Your child is extremely important to us and we feel grateful that they are here at Adventure Day Camp.

Parent Communication: Who to Contact For What

Adventure Day Camp will contact parents by phone for all emergencies and incidents. Even if the incident appears insignificant we will call you so you will be informed before your child arrives home.

Kevin@adventuredaycamp.com - Camp Director

Please contact Kevin for:

- Concerns regarding ANYTHING related to your child's experience at Adventure Day Camp
- Billing questions
- Programming questions

Sunshine@adventuredaycamp.com - Director of Operations / Health Care Coordinator

Please contact Sunshine for:

- Questions / requests concerning PIZZA FRIDAY'S, The Camp Store, paperwork, administrative issues
- Information on your child's health care / medications

[Your child's Program Director@Adventuredaycamp.com](mailto:Your%20child's%20Program%20Director@Adventuredaycamp.com) - Your child's Program Director will reach out during the first few days of camp.

Please contact for:

- Any concerns or questions regarding your child's experience
- Lost and found items
- To receive an update on how your child is doing at camp

Office@adventuredaycamp.com - We are expecting many administrative messages to flow through the PikMyKid app. During the roll out of this new app, we ask that in addition, you continue to follow our traditional procedures.

Please use this email for:

- When your child will be absent or late on a specific day
- If your child does not need our bus service on a specific day

Allergies & Other Health Concerns

At Adventure Day Camp the majority of our adult staff are certified in First Aid and CPR. In addition, our Health Care Coordinator, Sunshine Welch is certified as a CPR / First Aid instructor for the Lay Responder and Professional Rescuer.

If your child has allergies, or takes medication while at camp, we require you to complete the enclosed Medication Log and submit it to our office no later than June 5, 2022. Also, if your child requires an epipen on file we require that you complete the form Anaphylaxis Emergency Care Plan which is included in this packet. Please email all medical forms to Sunshine@adventuredaycamp.com AND put a copy in with your child's medication.

Although you are required to provide only 1 epipen during your child's session, we recommend supplying 2 so we can keep one with the CAMP COUNSELOR when offsite and 1 with the camp office.

Our Health Care Coordinator will contact you before camp if there are any questions concerning the information on your child's form. Having complete information and awareness of potential health concerns your child may have is extremely important and necessary.

We cannot administer any medications unless the Medication Log is completed and signed. If you are dropping off medication or an epipen on the first day, please place in a sealed, plastic bag that is labeled.

Cell Phone Use

If your child owns and brings a cell phone to camp it may only be used with the Directors permission and should be kept OFF during the camp day. All correspondence with your child should be initiated through the camp office. Please do not call your child on their cellphone during the day. We can always reach your child within a few minutes. When campers are on their cell phone during the day it is a distraction and it takes away from their camp experience. We would greatly appreciate it if you could help us by not allowing your child to come to camp with their cell phone.

Activity Schedule and Special Event Days

To help you plan for your child's day we will be posting each week's schedule on our website. **The schedules will be available on Saturday or Sunday before the start of each week.** Please be reminded that although we make every effort to follow the published schedules, at times your child's schedule may change unexpectedly due to changing Contra Costa Country COVID guidelines and for the safety of our campers.

Throughout each session we schedule theme days that allow our campers and staff an opportunity to dress up and clown around. Days like You Be You Hair Day, Group Theme Day, and Aloha Day, and more are scheduled throughout the session. We will give you notice when these days occur. Our hope is that any Special Day we plan you can prepare for with items at your house and not force you to spend the night before shopping around town. Do your best but please, don't stress Mom and Dad!

Big Evens to put in your calendar:

- **Camper Lip Sync Performance:** First Friday of each session around 2-3:30 pm
- **Camper Talent Show:** The last Friday of each session (Time TBD)
- **We are CLOSED on July 4th**

Horseback Riding & Mt. Biking

Horseback riding lessons are offered to all ages several times throughout each session. Our Pre-k - 2nd graders will first experience riding by learning with our Miniature Horses. We recommend all riders wear long pants and closed toed shoes are required. Please bring your own helmet for this activity.

All Campers will have Biking scheduled several times during each session. PreK - 2nd graders will learn to ride while staying on our blacktop, while our 3rd - 9th graders will experience biking along the local bike trails. Please bring your own helmet for this activity.

Overnight Campout

Session One

6/16 to 6/17 (Thur / Fri)

Session Two

7/7 to 7/8 (Thur / Fri)

Session Three

7/21 to 7/22 (Thur / Fri)

Oh how we have missed THE CAMPOUT! Covid has forced us to cancel this amazing event over the past 2 summers so bringing it back brings a smile to all of our faces. I have a feeling a few campers will be pumped as well.

Activities include campfire, skits, nature crafts, camp games, and hiking. There is also talk that we may be visited on these nights by old friend, Camper Bob (he also goes by Ca Luigi, Camper Joe, and many more) There is an additional fee of \$55 (full), \$40 (afternoon / dinner only). We will be emailing home additional information regarding this program once your session starts.

If you decide not to send your child on the full campout, you may either pick-up your child at Adventure Day Camp before 1:00 pm on Thursday or at the Campout site after dinner. You may drop-off again on Friday at the Campout site between 7:30 am - 9:30 am or after 11:15 am at Adventure Day Camp. There will be no bus service available for afternoon drop-off on Thursday or morning pick-up on Friday. Friday afternoon bus service will operate on a normal schedule.

Sunscreen & Sun Safety

Adventure Day Camp has a strict policy of administering sunscreen 2 - 3 times a day. We ask that you always apply sunscreen to your child BEFORE they arrive at camp. We will then reapply right after lunch and then again at around 2:30 pm. This summer we are continuing our program called "Fun, Sun Safety". Through fun, interactive activities, campers will learn the importance of staying hydrated and protecting themselves from the sun's rays. You can do your part by sending your child prepared and knowledgeable about staying "Sun Safe".

Swimming

Swimming and or Water play is offered at least 1 time per week. Swimming is offered at either Larkey Pool or Clarke Pool in Heather Farms, Walnut Creek.

When enrolling, you labeled your child either a Non Swimmer, Beginner, or Advanced. Once at camp if you would like to change your child's swimming ability, please email your assigned Program Director.

Lunch and Snack

There are two options regarding your child's lunch

1. This summer Adventure Day Camp is excited to once again partner with School Foodies, the Bay Area's premier kids' lunch caterer, to provide delicious, nutritious HOT & COLD lunches to its campers. Please review School Foodies ordering process by visiting www.SchoolFoodies.com. Click Login, select Register Now and create your account. **PLEASE BE SURE TO CHOOSE THE ADVENTURE DAY CAMP MORAGA option.** We have included a School Foodie informational flier at the end of our Welcome Packet. YUMMY!
2. For those days your child is not enrolled in the lunch program, please send your child with a bagged or cooler packed lunch. We cannot microwave lunch items or provide utensils.

Adventure Day Camp does not provide snack so please send enough snacks with your child to keep them energized for the day. Each group will have a morning and afternoon time period designated for a snack. Camp Counselors will monitor their campers to make sure they are eating their snack each day. Occasionally Adventure Day Camp will provide fruit, Popsicles, and limited amounts of candy. Please be sure you have indicated on your child's application if they have any food restrictions we should be aware of.

NUTS!

Each session we will have 5-10 campers in our program that are fatally allergic to nuts. We aim to work together to allow these campers to have a safe and worry-free experience at ADC. **PLEASE DO NOT SEND NUT PRODUCTS TO CAMP WITH YOUR CHILD.** We recognize that this might be an inconvenience for some families. With that said, we ultimately understand the seriousness of food allergies and trust you will join our effort and dedication to keep all of our campers safe and healthy. **PLEASE BE SURE TO NOTIFY ADVENTURE DAY CAMP IF YOUR CHILD HAS NUT ALLERGIES. THIS INFORMATION WILL BE GIVEN TO THE CHILD'S CAMP COUNSELOR.**

If Your Child Forgets Their Lunch

We understand that preparing your child for camp each day can be a hectic process. After your child is off to camp we all go through the check list in our heads. "Backpack? Check! Water bottle? Check! Favorite hat? Check! Lunch? Wait, why is that lunch I worked so hard to make still sitting in the fridge"? Yes, we appreciate these things happen from time to time. If your child forgets his / her lunch during the session we will notify you and make sure they are provided a lunch for the day. There will be a \$8 charge for the lunch replacement.

To keep up on all the events, announcements, and fun, please visit [adventuredaycamp](#) and **"LIKE US"** ON FACEBOOK. Please click on the icon at the bottom of our home page.

Checking in & out procedures and "extended care"

Session 1 & 2: Drop off and pick up is at 90 Laird Drive, Moraga: Donald Rheem Elementary

Session 3: Drop off and pick up is at 1010 Camino Pablo, Moraga, CA 94556: Joaquin Moraga

Morning drop off: We expect morning drop off to be a busy time of the day. There are several critical steps we will be taking to allow campers to enter camp safely.

- Please be sure to announce your arrival with your PikMyKid app. We will email you with more details as to when you can announce your arrival.
- Please pull into the Rheem Elementary driveway and pull as far forward as possible. You will see Adventure Day Camp signs and staff to help guide you
- If you are not using the PikMyKid app (we really hope you do), please create a window sign that has the campers first and last names.
- We kindly ask that you remain in your car during pick up. If you do need to roll down you window to speak with a staff or help your child out of the car, please be sure to wear you mask.
- Campers should remain in the vehicle until staff gives "thumbs up" to get out of the car.
- Please follow the round about to exit the school
- After campers are checked in, they will then will be directed to their camp group.
- If you have medication to drop off on the first day, please make sure it is in a labeled, in a plastic bag with the medication log inside. The staff checking in will collect any medication.

Afternoon Pick Up:

- Pick up is between 3:45 pm - 5:00 pm.
- Please announce your arrival on your PikMyKid app
- If you are not using the PikMyKid app, place name placard on your passenger side dashboard with your campers full name.
- You will pull up to the same area as drop off, all the way forward.
- Our staff will escort your child to your car and assist them to get in. Please exit the same way as morning drop off.

Extended Care: Included in your tuition

- Hours are 8:30-9:15am and 4-5pm.
- Extended Care is INCLUDED in your tuition and campers are assumed in Extended Care each day unless you have signed up for Bus Service.
- Families using our Bus service can always use Extended Care by contacting our office.
- All campers will remain in their assigned groups during extended care. These are not structured activities but a time to do free play with their Counselor assisting. "Structured free play" can include card games, coloring, drawing, friendship bracelets, etc. We will be assigning different groups to sports courts during this time as well, but groups will stay together and not mix with other groups.

Transportation Procedures and Bus Rules



Adventure Day Camp uses the following vehicles to transport our campers to off site activities such as horseback riding (Heather Farms), swimming (Heather Farms), boating (San Pablo Reservoir), and hiking in the local area.

- 10 Passenger Transit vans
- 15 Passenger vans (All drivers are required to have a Class B Commercial License)
- 20-24 passenger small buses (All drivers are required to have a Class B Commercial License)

Express Transportation: Please note that this is an optional service with an additional fee. Your exact meeting spot and time confirmation will be emailed on the Wednesday before your session. These are the expected times for each stop.

Bus Meeting Spot Options:

1. Oakland Montclair Village - AM: 8:15 - 8:30 am / PM: 4:15 - 4:30 pm
2. Rockridge Bart - AM: 8:30 - 8:40 am / PM: 4:00 - 4:15 pm
3. Walnut Creek CVS Parking Lot - AM: 8:15 - 8:30 am / PM: 4:00 - 4:15 pm

AM:

- Campers should not be left at the Express Stop unattended prior to the bus arrival.
- When the bus arrives, please have your child line up on the in the designated area. Our staff will be on hand to direct you where.
- Your Bus Counselor will check in campers and allow them on the bus. Campers may not leave the bus without permission after they have been checked in.
- Your Bus Counselor will check all seat belts before leaving

PM:

- Once the bus arrives, please gather in the designated dismissal area.
- The Bus. Counselor will bring campers off one by one, checking them out to the authorized person
- The Authorized person must have a valid ID

Bus rules:

1. Once on the bus, campers should never unless the Bus Counselor gives permission.
2. Fasten seatbelts as soon as you find your seat, then your Bus Counselor will recheck.
3. Seatbelts should remain fastened at all times while riding the bus.
4. There is no eating allowed on the bus. Keep your bus clean!
5. No cell phones or electronics devises should be used on the bus.
6. Use quiet voices please.
7. All campers should be aware of the locations of the Emergency Exits.
8. Remove al trash and belongings when leaving the bus.
9. Hands must be kept inside the window at all times

Covid - 19 Policies and Procedures

As we approach our 3rd summer with Covid related restrictions, we are confident that no matter what our guidelines tell us, we can run a safe, action packed, and amazing summer camp.

Through these summers, we have relied completely on the guidance that is available by the Contra Costa Health Services Department, Centers for Disease Control and Prevention (CDC) and The American Camping Association as well as over 40 years of camp experience. It has allowed us to be consistent and organized when preparing for a safe summer.

Please review our Covid related policies for the 2022 summer. These policies are subject to change without notice if our Covid circumstances warrant them.

- All staff are fully vaccinated
- Over 85% of activities will be with your assigned camp group
- We will not mix groups indoors
- Masks are optional but strongly encouraged indoors while at camp
- Masks are required when riding shared vehicles like AM / PM Bus Service
- All gatherings will be outdoors
- Windows will remain down at all times on vehicles
- If mixed groups are riding buses there will be space between groups
- **More information detailing our procedures when a camper test positive or is exposed to someone with Covid will be emailed separately.**

In an effort to minimize illness at camp, we ask that you check on the health of your camper daily beginning 14 days prior to the start of camp. Please remember, this should continue daily while attending camp. The best camp sessions start with healthy campers, and this begins at home. You will not need to submit this form, therefore we are relying on your honesty to keep our campers and staff healthy and safe.

Does your child have any of these symptoms today or has had any within the last 48 hours? If yes, please keep them home.

- **Cough**
- **Fever (100.4 degrees F or higher) or chills**
- **Shortness of breath or difficulty breathing**
- **Muscle or body aches**
- **Sore throat**
- **New loss of taste or smell**
- **Runny Nose or nasal congestion**
- **Nausea or vomiting**
- **Diarrhea**

You should also keep your child home if:

- **Your child or family member has been in contact with anyone with a confirmed positive covid-19 case.**
- **Your child or immediate family member have tested positive for Covid-19.**

If you answered yes to any of the questions above, we ask that you please keep your child home. You should then contact your primary care provider, follow CDC Guidelines and Adventure Day Camp Guidelines. Please also contact an ADC Director immediately so we can start contact tracing.

Adventure Day Camp
MEDICATION LOG

Name of Camper: _____ (Please use back of medication log if needed to document information)

Name of Medication	Dosage	Time	Special Instructions (Please be specific)	Purpose	Side Effects

This medication is for the campout only; please return Friday after the campout. Please keep this medication at ADC for emergency use during the session.

I have completed the information above to the best of my knowledge. I hereby give my permission for Adventure Day Camp to administer the stated medication to my child.

Signature of parent or guardian responsible for the child named above _____

Date _____

Additional Helpful Information:

Information Below Is To Be Completed By Adventure Day Camp Staff

Name of Medication	Date Administered	Time	Dosage	Any Side Effects After Administered	Administering Staff Signature

Medication given to ADC: _____ Medication returned to parents on: _____

Adventure Day Camp
Allergy Action Plan

Camper's Name _____ D.O.B. ____/____/____

ALLERGY TO: _____

Is allergy airborne? Yes ___ No ___ Explain if yes: _____

Asthmatic Yes* ___ No ___ *High risk for severe reaction. Does camper carry an epipen? Yes ___ No ___

SIGNS OF AN ALLERGIC REACTION

<u>Systems:</u>	<u>Symptoms:</u>
MOUTH	itching & swelling of the lips, tongue or mouth
THROAT *	itching and/or sense of tightness in the throat, hoarseness, and hacking cough
SKIN	hive, itchy rash and/or swelling about the face or extremities
GUT	nausea, abdominal cramps, vomiting and/or diarrhea
LUNG *	shortness of breath, repetitive coughing, and/or wheezing
HEART *	"thready" pulse, "passing-out"

The severity of symptoms can change quickly. *All above symptoms can potentially progress to a life-threatening situation.

Severe Allergy, therefore:
() If checked, give epinephrine immediately for ANY symptoms if the allergen was likely eaten.
() If checked, give epinephrine immediately if the allergen was definitely eaten, even if no symptoms are noted.

ACTION FOR MINOR REACTION

1. If only symptom(s) are: _____,
give _____
Medication/dose

Then Director will call:

2. Mother _____ Father _____

Continue to monitor child. If condition does not improve within 10 minutes, follow steps for Major Reaction below.

ACTION FOR MAJOR REACTION

1. If symptom(s) are: _____
give _____ IMMEDIATELY!
Medication/dose

Then call:

2. 911

3. Director will call Guardian.

Please also complete a Medication Log. Provide all medications needed, labeled with your child's name. Turn all forms and medications in to the camp office. All medications will be kept in the camp office unless camper goes off site.

I have completed the information above to the best of my knowledge. I hereby give my permission for Adventure Day Camp to administer the stated medication to my child.

Parent's Signature _____ Date _____

Register at:
SchoolFoodies.com

Registration Codes:
Moraga: ADC-M
San Ramon: ADC-SR



Adventure Day Camp Parents,

SchoolFoodies is pleased to be your summer camp lunch provider! Our popular meals feature many key benefits for active growing kids:

- We feature all natural, hormone and anti-biotic free meats.
- We follow the EWG's Shopper's Guide to Pesticides methodology to reduce potential produce pesticide exposures up to 92%.
- Breads are sourced fresh from local bakeries.
- Dairy comes from Petaluma based Clover Stornetta and is rBST free.
- Many meals are cooked from scratch with ingredients from local purveyors, organic when possible.
- Our meal trays are made from wheat straw fiber and certified compostable.

In response to the pandemic, we have implemented the below policies:

- All employees, including our delivery drivers, wear PPE throughout the day, including gloves and face masks.
- All transportation warmers and bins are sanitized prior to daily deliveries.
- Our entire facility, equipment and work surfaces are sanitized daily.
- No one is allowed in our facility with cold or flu like symptoms.

Click Below to Download our Brochure and Menu

OUR MENU

AMERICAN & SEASONAL CLASSICS

- Baked Chicken Tenders
- Mac & Cheese
- Chicken & Waffles or Biscuit
- Beef, Three Bean or Vegetable Chili
- Turkey Chk with Corn Bread
- BBQ or Lemon Herb Roasted Drumsticks
- Chef's Famous Turkey Meatloaf
- Shepherd's Pie
- Roasted Pork Loin and Traditional Stuffing
- Roast Turkey with Mashed Potatoes and Cranberry Sauce
- Tavie Baked Potatoes
- Potato Skins with Toppings
- BBQ Riblets
- Chicken Pot Pie
- Pancakes or French Toast
- Sticks with or without Chicken Apple Sausage
- Breakfast Sandwiches

HOT OFF THE GRILL

- Grass Fed Hamburgers, Cheeseburgers, Veggie Burgers
- Organic Hot Dogs, French Dogs, Corn Dog Bites, Veggie Dogs
- Grilled Cheese, Specialty Melts

ITALIAN

- Cheese Zucchini, Sausage, Hawaiian Pizzas
- Pasta with Bolognaise, Marinara, Butter & Parmesan, Pesto Sauce
- Meat or Garden Alfredo Lasagna
- Chicken or Eggplant Parmesan
- Ricotta Stuffed Pasta
- Shells with Bolognaise or Marinara Sauce
- Garlic Cheese Bread with Beef Meatballs or Veggie Meatballs
- Italian Meatball Sub

ASIAN

- Fried Rice, Pineapple Fried Rice, or Chow Mein
- Chicken & Vegetable or Vegetarian Pad Stickers
- Mandarin Orange Chicken or ToFu
- Seaweed & Sour Chicken or ToFu
- Tanajahi Chicken or ToFu
- Yellow Curry Chicken or ToFu with Rice
- Thai Green Curry Chicken or ToFu with Pad Thai Noodles
- California or Cucumber Avocado Roll

MEXICAN

- Beef & Cheese, Bean & Cheese Burritos
- Chicken, Carnitas, Eggs & Sausage Burritos
- Chicken, Beef, Carnitas, Chile Verde Soft Tacos
- Chicken or Veggie Fajitas
- Cheese or Chicken Quesadillas
- Red or Green Sauce
- Cheese Enchiladas
- Shredded Chicken or Green Chile Tamales
- Spicy Chicken Fajitas, Bean & Cheese Rice Bowls
- Beef or Bean Tacos
- Broccoli Slaw Salad with Natcho Topping

DELI STYLE SANDWICHES

- Turkey and Bacon Club on a Hoopie Roll
- Turkey and Cheddar on Sliced Wheat or Bagel
- Ham and Cheddar on Sliced Wheat or Bagel
- Ranch Turkey Wrap, Pesto Turkey Wrap or BLT Wrap
- Bagel with Cream Cheese
- Turkey Cranberry Sandwich
- SunButter and Jelly on Wheat

GOURMET SALADS

- Cesar Salad with Grilled Chicken and Croutons
- Southern Caesar with Black Beans, Corn and Tortilla Strips
- Chinese Chicken or ToFu Salad with Crunchy Mein Noodles
- Kale Salad with Goat Cheese and Crisins
- Taco Salad with Black Beans, Corn and Tortilla Strips
- Spinach, Egg and Mandarin Orange Salad
- Kale Salad with Goat Cheese and Crisins
- Capease Salad with Fresh Mozzarella and Basil Pesto
- Buffalo Bleu Salad with Chicken Strips
- Kale Pesto Pasta Salad
- Safe Catch Tuna Macaroni Salad
- Safe Catch Tuna Salad with Mashed Greens and Hard Boiled Egg
- Quinoa Salad with Mandarin Oranges and Edamame
- Mediterranean Orzo Pasta Salad with Kalamata Olives and Feta
- Asian Noodle Salad with Soy Vinaigrette
- Broccoli Slaw Salad with Crisins and Yogurt Dressing

FINGER FOODIES

- Cold Cuts, Cheeses, Wheat Crackers and Grapes
- Fresh Baked Muffins, Yogurt and Apple Slices
- Sliced Hard Boiled Egg, Cheeses, Wheat Crackers and Grapes
- Traditional Hummus, Pita Triangles, Carrot Sticks and Grapes
- Safe Catch Tuna Salad, Cheddar, Cherry Tomatoes, Pickles and Grapes

SCRATCH MADE SOUPS

- Misostone, Chicken Noodle or Tortilla
- Loaded Baked Potato and Bacon
- Kale and White Bean
- Tomato Basil with Turkey Meatballs

ORGANIC & PLANT POWER ENTREES

- Aggregate Farms Organic Hot Dog with Organic Sprouted Wheat Bun
- Zoe's Free-Range Chicken Entree with Organic Vegetables
- Maisera and Mozzarella with Pesto, Mediterranean or Red Pepper Pesto with Couscous
- Straus Organic Yogurt Parfait with Organic Berries and Organic Granola
- Quinoa & Black Bean Burrito
- Red Lentil Dal
- Chana Masala
- Butternut Squash and Black Bean Tacos
- Jackfruit Tacos
- BBQ Jackfruit
- Chickpea Potato Curry

SNACKS

- Apple & Strawberry 100% Fruit Bar
- Baby Carrot Sticks
- Chobani Blueberry Greek Yogurt
- Fresh House Baked Chocolate Chip Cookies
- House Baked Apple
- Common Heflin
- Kozy Shack Chocolate Pudding
- Red & Green Apple Slices
- Sabra Guacamole and Tortilla Rolls
- Sabra Hummus & Pretzel Chips
- Santa Cruz Organic Apple Saur
- Shelfed Edamame
- Sun Chips - Cheddar or Mulloran
- White Cheddar Pirate's Booty

DRINKS

- Clover 2%, 1% Organic, Whole or FF Chocolate Milk
- Chocolate Soy Milk
- Uze Clementine Sparking Water
- Naked Juice Berry Blast Smoothie
- Organic Apple Juice
- Spring Water

2363 Tripaldi Way, Hayward, CA 94545
Direct: (510) 556-8900 E-mail: contact@schoolfoodies.com

Register at:
SchoolFoodies.com

Registration Codes:
Moraga: ADC-M
San Ramon: ADC-SR



How do I order?

- 1) Visit www.SchoolFoodies.com . Click "Register" and create your account.
- 2) Proceed to "Add Student." You will need your school's registration code, which is listed at the top of this flyer.
- 3) Proceed to the "Order Policy" for important details about placing orders.
- 4) Proceed to "New Order" and place the orders on the days you wish and checkout.

You can place orders for a day, week or month at a time. The order deadline is three (3) days in advance of service days. Please orders before 9 a.m. on Fridays for the upcoming Monday. Before 9 a.m. on Saturdays for the upcoming Tuesday, and so on. An emergency meal option is available up until 5 a.m. on the same day of service.

Need to cancel or change a lunch? Login into your account and select Modify Order to cancel or change meal selections. The deadline to cancel/change a prior order is the same as the order deadline. However, you can call or e-mail to make changes after the deadline. Simply e-mail or call us with your request up until the day of service for full credit.

Pricing

Regular Size (K to 4th): \$6.29

Large Size (5th and above): \$6.79

All meals include seasonal fruit, vegetables, sporks, napkins and condiments

Subscriptions

There is a new feature that allows you to select favorites and turn on a subscription, which will automatically place orders for you each month. One week prior to a new month, you will receive an e-mail receipt with a list of ordered items. You can leave as is, or login and adjust your selections.

Mobile App

Want to place orders on the go? Download our mobile app by clicking on the appropriate logo below.

Download our Mobile App



We look forward to serving your family! If you have questions or needs contact us at contact@schoolfoodies.com, or 510-556-8900.

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