



2024 Welcome Packet: Moraga Program

Adventure Day Camp offers a safe and positive environment where all children; regardless of race/ ethnicity, class, gender identity, sexual orientation, and abilities, are able to build confidence and self-esteem while enjoying a fun-filled summer in the outdoors.

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To keep up with all the events, announcements and fun, please “LIKE US” on Facebook and follow us on Instagram!

In our eyes, there is nothing more important to our program than hiring creative, diverse, experienced, and positive staff to share the summer with your child. Your child will be assigned a Camp Counselor and 1 assistant that will guide them through their experience, creating what we hope to be a truly special bond. In addition, our Program Directors are always available for increased supervision and overall program support. You will receive an email during week one from the Program Director associated with your child's age group. We welcome your feedback at any time during the session and are happy to provide feedback on how your child is doing in camp. Just ask! Please do not hesitate to contact us with questions, comments, or concerns.

We greatly appreciate you choosing Adventure Day Camp for your child's summer camp. We can't wait to meet your child!

Warmest regards,

**Kevin and Sunshine Welch
and The Adventure Day Camp Staff**

Meet our AMAZING Camp Directors

We are so excited to announce that Rachel Albrecht and Rosie Mickle are returning for yet another summer as our Camp Directors! They are talented, experienced, and dedicated leaders that will be front and center during your child's experience at Adventure Day Camp. Of all the aspects of camp Sunshine and I are thankful for, having these two fabulous people running our camp is certainly at the top of the list. Rachel & Rosie have been a huge part of our success over the years and since we know you have and/or definitely will come in contact with them this summer, we wanted to give them a formal introduction.

Rosie Mickle

Rosie started as a Camp Counselor 8 years ago, and through the years has done it all from supervising our very youngest groups to working with our Counselors In Training. You'll find her running around camp making sure everything is organized, running smoothly, and creating ways to always make the program even better. During the school year, Rosie will be entering her 6th year as an educator and currently teaches 8th grade English at Stanley Middle School in Lafayette.

Rachel Albrecht

Rachel started at ADC when she was in 4th grade, since then, she has been a Junior Counselor, Camp Counselor, Program Director of our Counselors in Training, and is now our Co Camp Director! You can find Rachel at pick up and drop off and in the office sending emails and making schedules to make sure all the logistics are running smoothly! During the school year, Rachel will be entering her 8th year as an educator and currently teaches 1st grade at Lighthouse Community Charter in East Oakland.

"The two of us are gearing up for another fabulous summer! We're honored to work alongside the Welches and y'all as we create a magical summer camp experience for your kids. There aren't enough words to express the gratitude and love we have for ADC, it is such a special place and one that we are so lucky to run!"

***One love,
Rachel & Rosie "***

What To Bring To Camp

(Besides your smiles and positive attitudes)

Backpack	Clothing	Optional
Bathing suit & towel everyday	Shorts and tshirt	Sunscreen face stick
Lunch in cooler bag	Closed Toe shoes	Sunglasses
REUSABLE water bottle	Sweatshirt for colder days	Hat
Snack for 2-3 snack breaks		Bike Helmet
ADC will provide sunscreen but you are welcome to bring your own		
PLEASE LABEL ALL ITEMS WITH FIRST NAME AND LAST INITIAL		

Pikmykid app

This summer we are once again teaming up with PikMyKid to help simplify the pick up process. Complete information on how this process will work will be emailed separately.

You will use this app for

- Picking up your child
- Changes to your child pick up schedule (absent, picking up early, no bus service on a given day)

Allergies & Other Health Concerns

If child has allergies, or takes medication while at camp, we require you to complete the enclosed Medication Log and bring both the Medication Log and medication on the first day of your session. We will collect these at drop off. Also, if your child requires an epipen on file we require that you complete the form Anaphylaxis Emergency Care Plan which is included in this packet.

We cannot administer any medications unless the Medication Log is completed and signed. If you are dropping off medication or an epipen on the first day, please place in a sealed, plastic bag that is labeled.

Cell Phone Use

We have a no cell phone use policy at Adventure Day Camp. If your child brings their phone to camp, then it needs to be off and in their backpack. All communication with your child during the day can go through the camp office.

Parent Communication: Who to Contact For What

Adventure Day Camp will contact parents by phone for all emergencies and incidents. Even if the incident appears insignificant we will call you so you will be informed before your child arrives home.

Kevin@adventuredaycamp.com - Camp Director

Please contact Kevin for:

- Billing or enrollment questions

Sunshine@adventuredaycamp.com - Director of Operations / Health Care Coordinator

Please contact Sunshine for:

- Questions / requests concerning PIZZA FRIDAY'S, paperwork, administrative issues

Prek-2nd@Adventuredaycamp.com or 3rd-9th@adventuredaycamp.com

Please contact for:

- Any concerns or questions regarding your child's experience
- To receive an update on how your child is doing at camp

Office@adventuredaycamp.com

Please use this email for:

- Lost and found
- Information on your child's health care / medications, or allergies
- Swim level changes

Daily Schedule and Special Event Days

To help you plan for your child's day we will be posting each week's schedule on our website. **The schedules will be available on Sunday before the start of each week.** You will be emailed when they are available.

Special Events to put in your calendar:

- **Camper Lip Sync Performance:** First Friday of each session around 2-3:30 pm
- **Camper Talent Show:** The last Friday of each session (Time TBD)
- Camp will be OPEN to celebrate and honor Juneteenth (Wednesday, June 19th).
- **We are CLOSED on July 4th**

Overnight Campout

Rancho Laguna Park n Moraga

Session One

06/13 - 6/14 (Thurs / Fri)

Session Two

07/02 - 07/03 (Tues/Wed)

Session Three

07/18 - 07/19 (Thurs/Fri)

We can't wait for the Campout! It is such an amazing night for campers and staff. Parents too as you'll have the night free!

Activities include campfire, skits, nature crafts, camp games, and hiking. There is also talk that we may be visited on these nights by old friend, Camper Bob (he also goes by Camper Luigi, Camper Joe, and many more) There is an additional fee of \$65 for this program. We will be emailing home additional information regarding this program once your session starts.

If you decide not to send your child on the full campout, you may either pick-up your child at Adventure Day Camp before 1:00 pm on departure day or at the Campout site after dinner. You may drop-off again on Friday at the Campout site between 7:30 am - 9:30 am or after 11:15 am at Adventure Day Camp. There will be no bus service available for afternoon drop-off on Thursday or morning pick-up on Friday. Friday afternoon bus service will operate on a normal schedule.

Swimming

Our Pk-2nd groups swim at Campolindo Pool. Our 3rd-9th grade groups swim at the Saint Marys pool. Please see our swimming policies and procedures below:

Saint Marys Pool: *Campers entering 3rd - 9th grade*

On first visit to the pool:

- After their orientation from the Saint Marys pool staff, campers will then be required to pass their swim test. Campers will be asked to comfortably swim approximately 30 feet across the deep end of the pool, using any stroke they choose. Staff are primarily confirming that campers are comfortable in water over their head, and not concerned with the quality of their strokes. Unfortunately, if they are unable to pass the "swim test" they will not be able to remain at the facility for that day. They may always retake the test.
- For campers that choose not to swim or have not passed their test, Adventure Day Camp Staff will organize field games outside of the pool.
- Campers entering 3rd-9th grade and listed as either non swimmers or Beginners, will have the option to swim at Campolindo Soda Aquatic Center several times throughout the session. This facility has a dedicated area of the pool that is appropriate for this level.

Campolindo Soda Aquatic Center: *Campers entering Prek - 2nd grade*

Campers will be divided into groups based on their swim level you indicated on their registration. Staff and lifeguards are spread out and supervising campers in all sections of the pool. If your child has improved their swimming ability since your registration, please be sure to update their level by logging on to your account.

On first visit to the pool:

- After their orientation from the Saint Marys pool staff, campers will be divided into groups based on their swim level indicated on their registration.
- **Non-Swimmer:** Will always wear a life-jacket. Will stay in shallow end
- **Beginner:** Will stay in designated shallow area. A Life-jacket is optional
- **Intermediate:** Can choose to swim in either shallow or deep end of pool.

Checking in & out procedures and "extended care"

Drop off and pick up is at 90 Laird Drive, Moraga: Donald Rheem Elementary

Morning drop off: We expect morning drop off to be a busy time of the day. There are several critical steps we will be taking to allow campers to enter camp safely.

- Please pull into the Rheem Elementary driveway and pull as far forward as possible. You will see Adventure Day Camp signs and staff to help guide you
- We kindly ask that you remain in your car during drop off
- Campers should remain in the vehicle until staff opens the car door to help them exit
- Please follow the round about to exit the school
- After campers are checked in, they will then be directed to their camp group
- If you have medication to drop off on the first day, please make sure it is in a labeled, plastic bag with the medication log inside. The staff checking in will collect any medication

Afternoon Pick Up:

- Please do not pick up between 3:10 pm - 3:30 pm unless it is necessary
- The best time to pick up each day is between 3:45 pm - 5:00 pm.
- Please announce your arrival on your PikMyKid app
- You will pull up to the same area as drop off, all the way forward.
- Our staff will escort your child to your car and assist them to get in. Please exit the same way as morning drop off.
- If you are picking up your child between 10: 00 am - 3:30 pm, please coordinate this with our camp office.

Extended Care: INCLUDED IN YOUR TUITION

- Hours are 8:30-9:15am and 4-5pm
- Extended Care is INCLUDED in your tuition and campers are assumed in Extended Care each day unless you have signed up for Bus Service
- Families using our Bus service can always use Extended Care by contacting our office

To keep up with all the events, announcements and fun, please "LIKE US" on Facebook and follow us on Instagram!

Lunch and Snack

There are two options regarding your child's lunch

- This summer Adventure Day Camp is excited to once again partner with School Foodies, the Bay Area's premier kids' lunch caterer, to provide delicious, nutritious HOT & COLD lunches to its campers. Please review School Foodies ordering process by visiting www.SchoolFoodies.com. Click Login, select Register Now and create your account. **PLEASE BE SURE TO CHOOSE THE ADVENTURE DAY CAMP MORAGA option.** We have included a School Foodie informational flier at the end of our Welcome Packet. YUMMY!
- You may select your lunches for your session once you receive your **Camp Group Roster**. This will be emailed approximately 10 days before the start of your session
- Please be sure to indicate your child's Camp Group when selecting your lunches.
- For those days your child is not enrolled in the lunch program, please send your child with a bagged or cooler packed lunch. We cannot microwave lunch items or provide utensils.

Adventure Day Camp does not provide snack so please send enough snacks with your child to keep them energized for the day. Each group will have a morning and afternoon time period designated for a snack. Camp Counselors will monitor their campers to make sure they are eating their snack each day. Occasionally Adventure Day Camp will provide fruit, Popsicles, and limited amounts of candy. Please be sure you have indicated on your child's application if they have any food restrictions we should be aware of.

NUTS!

Each session we will have 5-10 campers in our program that are fatally allergic to nuts. We aim to work together to allow these campers to have a safe and worry-free experience at ADC. **PLEASE DO NOT SEND NUT PRODUCTS TO CAMP WITH YOUR CHILD.** We recognize that this might be an inconvenience for some families. With that said, we ultimately understand the seriousness of food allergies and trust you will join our effort and dedication to keep all of our campers safe and healthy. **PLEASE BE SURE TO NOTIFY ADVENTURE DAY CAMP IF YOUR CHILD HAS NUT ALLERGIES. THIS INFORMATION WILL BE GIVEN TO THE CHILD'S CAMP COUNSELOR.**

If Your Child Forgets Their Lunch

We understand that preparing your child for camp each day can be a hectic process. After your child is off to camp we all go through the check list in our heads. "Backpack? Check! Water bottle? Check! Favorite hat? Check! Lunch? Wait, why is that lunch I worked so hard to make still sitting in the fridge"? Yes, we appreciate these things happen from time to time. If your child forgets his / her lunch during the session we will notify you and make sure they are provided a lunch for the day. There will be a \$8 charge for the lunch replacement.

Register at:
SchoolFoodies.com

Registration Codes:
Moraga: ADC-M
San Ramon: ADC-SR



Adventure Day Camp Parents,

SchoolFoodies is pleased to be you summer camp lunch provider! Our popular meals feature many key benefits for active growing kids:

- We feature all natural, hormone and anti-biotic free meats.
- We follow the EWG's Shopper's Guide to Pesticides methodology to reduce potential produce pesticide exposures up to 92%.
- Breads are sourced fresh from local bakeries.
- Dairy comes from Petaluma based Clover Stornetta and is rBST free.
- Many meals are cooked from scratch with ingredients from local purveyors, organic when possible.
- Our meal trays are made from wheat straw fiber and certified compostable.

In response to the pandemic, we have implemented the below policies:

- All employees, including our delivery drivers, wear PPE throughout the day, including gloves and face masks.
- All transportation warmers and bins are sanitized prior to daily deliveries.
- Our entire facility, equipment and work surfaces are sanitized daily.
- No one is allowed in our facility with cold or flu like symptoms.

Click Below to Download our Brochure and Menu



2363 Tripaldi Way, Hayward, CA 94545
Direct: (510) 556-8900 E-mail: contact@schoolfoodies.com

Register at:
SchoolFoodies.com

Registration Codes:

Moraga: ADC-M

San Ramon: ADC-SR



How do I order?

- 1) Visit www.SchoolFoodies.com . Click "Register" and create your account.
- 2) Proceed to "Add Student." You will need your school's registration code, which is listed at the top of this flyer.
- 3) Add Payment Profile and proceed to Order Policy for details about placing orders.
- 4) Proceed to New Order and use the Manually Select order process.
- 5) In the calendar menu, click + signs to open days and select items.
- 6) After items are selected for desired days, proceed to checkout.
- 7) You will receive an e-mail receipt listing all items purchased.

You can place orders for a day, week or month at a time. The order deadline is three (3) days in advance of service days. Place orders before 9am on Fridays for the upcoming Monday. Before 9am on Saturdays for the upcoming Tuesday, and so on. An emergency meal option is available up until 5am on the same day of service.

Need to cancel or change a lunch? Login to your account and select Modify Order. The deadline to change a pending order is the same as the order deadline. To make changes after the deadline, please e-mail, or call us.

Pricing:

Regular Size (K to 4th): \$6.75

Large Size (5th and above): \$7.25

All meals include seasonal fruit, vegetables, sporks, napkins and condiments

Want to place orders on the go? Download our mobile app by clicking on the appropriate logo below.

Download our Mobile App



We look forward to serving your family! If you have questions, or needs, contact us at contact@schoolfoodies.com, or 510-556-8900.

3667 Depot Road, Hayward, CA 94545
Direct: (510) 556-8900 E-mail: contact@schoolfoodies.com

Transportation Procedures and Bus Rules



Adventure Day Camp uses the following vehicles to transport our campers to off-activities that include swimming, horseback riding, boating, and hiking along our local trails.

- 10 Passenger Transit vans
- 15 Passenger vans (All drivers are required to have a Class B Commercial License)
- 20-24 passenger small buses (All drivers are required to have a Class B Commercial License)

Express Transportation: Please note that this is an optional service with an additional fee. Your exact meeting spot and time confirmation will be emailed on the Wednesday before your session. These are the expected times for each stop.

Bus Meeting Spot Options:

1. Oakland Montclair Village - AM: 8:15 - 8:30 am / PM: 4:15 - 4:30 pm
2. Rockridge Bart - AM: 8:30 - 8:40 am / PM: 4:00 - 4:15 pm
3. Walnut Creek CVS Parking Lot - AM: 8:15 - 8:30 am / PM: 4:00 - 4:15 pm

AM:

- Campers should not be left at the Express Stop unattended prior to the bus arrival.
- When the bus arrives, please have your child line up on the in the designated area. Our staff will be on hand to direct you where.
- Your Bus Counselor will check in campers and allow them on the bus. Campers may not leave the bus without permission after they have been checked in.
- Your Bus Counselor will check all seat belts before leaving

PM:

- Once the bus arrives, please gather in the designated dismissal area.
- The Bus. Counselor will bring campers off one by one, checking them out to the authorized person
- The Authorized person must have a valid ID

Bus rules:

1. Once on the bus, campers should never unless the Bus Counselor gives permission.
2. Fasten seatbelts as soon as you find your seat, then your Bus Counselor will recheck.
3. Seatbelts should remain fastened at all times while riding the bus.
4. There is no eating allowed on the bus. Keep your bus clean!
5. No cell phones or electronics devises should be used on the bus.
6. Use quiet voices please.
7. All campers should be aware of the locations of the Emergency Exits.
8. Remove al trash and belongings when leaving the bus.
9. Hands must be kept inside the window at all times

Adventure Day Camp MEDICATION LOG

Name of Camper:

(Please use back of medication log if needed to document information)

Name of Medication	Dosage	Time	Special Instructions (Please be specific)	Purpose	Side Effects

☐ This medication is for the campout only; please return Friday after the campout.
 ☐ Please keep this medication at ADC for emergency use during the session.

I have completed the information above to the best of my knowledge. I hereby give my permission for Adventure Day Camp to administer the stated medication to my child.

Signature of parent or guardian responsible for the child named above

Date

Additional Helpful Information:

Information Below Is To Be Completed By Adventure Day Camp Staff

Name of Medication	Date Administered	Time	Dosage	Any Side Effects After Administered	Administering Staff Signature

Medication given to ADC:

Medication returned to parents on:

Adventure Day Camp

Allergy Action Plan

Camper's Name _____ D.O.B. ____/____/____

ALLERGY TO: _____

Is allergy airborne? Yes ____ No ____ Explain if yes: _____

Asthmatic Yes* ____ No ____ *High risk for severe reaction. Does camper carry an epipen? Yes ____ No ____

SIGNS OF AN ALLERGIC REACTION

Systems:

MOUTH

THROAT *

SKIN

GUT

LUNG *

HEART *

Symptoms:

itching & swelling of the lips, tongue or mouth

itching and/or sense of tightness in the throat, hoarseness, and hacking cough

hive, itchy rash and/or swelling about the face or extremities

nausea, abdominal cramps, vomiting and/or diarrhea

shortness of breath, repetitive coughing, and/or wheezing

"thready" pulse, "passing-out"

The severity of symptoms can change quickly. *All above symptoms can potentially progress to a life-threatening situation.

Severe Allergy, therefore:

() If checked, give epinephrine immediately for ANY symptoms if the allergen was likely eaten.

() If checked, give epinephrine immediately if the allergen was definitely eaten, even if no symptoms are noted.

ACTION FOR MINOR REACTION

1. If only symptom(s) are: _____,

give _____
Medication/dose

Then Director will call:

2. Mother _____ Father _____

Continue to monitor child. If condition does not improve within 10 minutes, follow steps for Major Reaction below.

ACTION FOR MAJOR REACTION

1. If symptom(s) are: _____

give _____ IMMEDIATELY!
Medication/dose

Then call:

2. 911

3. Director will call Guardian.

Please also complete a Medication Log. Provide all medications needed, labeled with your child's name. Turn all forms and medications in to the camp office. All medications will be kept in the camp office unless camper goes off site.

I have completed the information above to the best of my knowledge. I hereby give my permission for Adventure Day Camp to administer the stated medication to my child.

Parent's Signature _____ Date _____